



Friday 4th September

Dear Parents/Carers and Guardians,

We are all excited to start our swimming programme for this term. Please see below some key information regarding the swimming pool procedures. Lessons will commence from the week beginning Monday 7th September for all year groups.

SWIMMERS (Participants)

Below is a list of compulsory and optional equipment that students will be required to bring to their swimming lessons in order to maximise their learning experience in the pool. Please have the following prepared for your child during the days they have swimming. It is essential that all students come prepared for swimming with the following equipment all within their PE bag. Images have been included on the next page.

COMPULSORY	OPTIONAL
<ul style="list-style-type: none">● Swimming costume (Solid Dark Blue, Navy or Black coloured)● Swimming cap● Goggles (not covering the nose)● Flip Flops or Crocs● Towel *	<ul style="list-style-type: none">● Swimming shirt/rash vest● Hairbrush● Deodorant (only roll on)

****Please note that children in Pre-Nursery to Year 2, will get change in their homeroom and then escorted to the swimming pool by their learning assistant. A hooded towel or dressing gown would be advisable, so they can concentrate on walking and not holding their towel. All other students are required to bring their own towel to swimming this academic year.***

NON-SWIMMERS

If children can not swim for any particular lesson, **they must provide a medical spravka note** explaining why they are not participating. If a child is not swimming, they will still be involved in the lesson and **must** change into PE clothes and remain poolside. To this end, they must bring the following:

- Practical PE uniform (So they can still play an active role in the learning environment)
- Flip Flops/Crocs/Pool shoes (No outdoor footwear to be worn on Poolside)
- Pen or pencil, as students will still be involved in the lesson through officiating/recording and written work.



Swimming is a big part of the Physical Education curriculum at Brookes Moscow and we appreciate your support as we strive to improve your child's confident and swimming ability. More information will be sent out, once the term begins, about further developments in swimming to look forward to.

If you have any questions, please feel free to contact me:

Kind regards,

Mr. Paul Jackson

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Director of Sport

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WHAT'S IN YOUR SWIM BAG?

Compulsory Items

HEADGEAR	
Goggles 	Swim Cap 
SWIMWEAR - COSTUMES	
BOYS (JAMMERS or SHORTS) 	GIRLS COSTUME 



FOOTWEAR & TOWEL	
FLIP FLOPS or CROCS 	TOWEL 

Optional Items

RASH VEST 	HAIRBRUSH 	ROLL ON DEODORANT 
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